

**What Types of Groceries Can You Purchase with the Healthcare Prepaid Card? As a reminder, some grocery stores may have restrictions on specific brands or items.**

<b>Food &amp; Beverages</b>	<b>Beverages</b> <ul style="list-style-type: none"> <li>• Bottled Waters, Enhanced Waters, Sparking Water</li> <li>• Cocoa, Coffee &amp; Tea (Dry or Liquid)</li> <li>• Ice</li> <li>• Juice Blends, Drinks &amp; Punches (Includes Sparkling), Juices (Includes Sparkling)</li> <li>• Sport Drinks- Gatorade &amp; Others</li> </ul>	<b>Vitamins &amp; Dietary Supplements</b>	<b>Children's Vitamin &amp; Dietary Supplements</b> <ul style="list-style-type: none"> <li>• Children's Herbals</li> <li>• Children's Vitamin &amp; Minerals</li> <li>• Mixed/Miscellaneous Children's Vitamins &amp; Dietary Supplements</li> </ul>
	<b>Frozen Food</b> <ul style="list-style-type: none"> <li>• Fruits &amp; Vegetables</li> <li>• Juices</li> <li>• Meats</li> <li>• Prepared Food (Pizza, Stews, Heat &amp; Eat, Soy Burgers)</li> <li>• Seafood</li> </ul>		<b>Herbals &amp; Botanicals</b> <ul style="list-style-type: none"> <li>• Colon Cleanse &amp; detox (non-Weight Loss)</li> <li>• Echinacea</li> <li>• Garlic</li> <li>• Ginkgo Biloba</li> <li>• Ginseng</li> <li>• Mixed/Miscellaneous Herbals &amp; Botanicals</li> <li>• St. John's Wort</li> </ul>
	<b>Non-Perishable/ Perishable Foods</b> <ul style="list-style-type: none"> <li>• Breakfast Foods (Toaster Pastries, Cereal Bars, Granola &amp; Granola Bars)</li> <li>• Canned Meat or Seafood</li> <li>• Canned/ Jar fruits and Vegetables (Includes Salsa &amp; Non-Processed Beans)</li> <li>• Cereal (Hot &amp; Cold) Pancakes &amp; Waffles</li> <li>• Dried fruit, Fruit Snacks</li> <li>• Dry Beans</li> <li>• Dry Pasta</li> <li>• Herbs, Spices &amp; Seasoning</li> <li>• Oils &amp; Shortening</li> <li>• Peanut Butter (&amp; Other Nut Butters)</li> <li>• Prepare foods (Canned Stews, Heat &amp; Eat)</li> <li>• Rice &amp; Whole Grains</li> <li>• Soup</li> <li>• Tomato/Spaghetti/Alfredo/Nutritionally Significant Sauce</li> <li>• Dairy- (Milk, Cheese, Butter, Sour Cream &amp; Whipping Cream)</li> <li>• Margarine</li> <li>• Meats- Poultry, Ground Beef, Beef, Lunch Meat, Sausage, Jerky, etc.</li> <li>• Produce</li> <li>• Seafood</li> <li>• Soy &amp; Other Nut Milks</li> <li>• Whole Eggs &amp; Egg Substitutes</li> <li>• Yogurt</li> <li>• Nuts, Seeds &amp; Trail Mix</li> </ul>		<b>Multivitamins</b> <ul style="list-style-type: none"> <li>• Prenatal vitamins</li> </ul> <b>Specialty Supplements</b> <ul style="list-style-type: none"> <li>• Mixed/Miscellaneous Specialty Supplements</li> </ul>
		<b>Diabetes Health &amp; Wellness/ Nutrition</b>	<ul style="list-style-type: none"> <li>• Mixed/Miscellaneous Diabetes Health &amp; Wellness</li> <li>• Diabetes Candy</li> <li>• Diabetes Nutritional Bars</li> <li>• Diabetes Nutritional Liquids</li> <li>• Mixed/Miscellaneous Diabetes Nutritional</li> </ul>
		<b>Weight Management &amp; Nutritional Foods</b>	<b>Nutritional Foods</b> <ul style="list-style-type: none"> <li>• General Health Oral Rehydration Therapy</li> <li>• Mixed/Miscellaneous Nutritional Foods</li> <li>• Nutritional Bars</li> <li>• Nutritional Liquids</li> <li>• Nutritional Powders</li> <li>• Thickeners &amp; Pre-Thickened Beverages/Foods</li> </ul> <b>Sport/Energy</b> <ul style="list-style-type: none"> <li>• Mixed/Miscellaneous Sport/Energy</li> <li>• Sport/Energy Bars, Liquids, Powders, Tabs &amp; Caps</li> <li>• Sugar &amp; Salt Substitutes</li> <li>• Mixed/Miscellaneous Sugar &amp; Salt Substitutes</li> <li>• Sugar &amp; Salt Substitutes</li> </ul> <b>Weight Management</b> <ul style="list-style-type: none"> <li>• Mixed/Miscellaneous Weight Management</li> <li>• Weight Management Bars</li> <li>• Weight Management Foods, Liquids &amp; Powders</li> </ul>