

BETTER CARE AT LOWER COSTS:

Innovative Care Solutions from CareFirst

A Proven Patient-Centered Medical Home (PCMH)

The demand for higher quality, more efficient care remains central to keeping health coverage affordable. CareFirst's PCMH is an innovative model that incentivizes doctors for their performance in delivering quality care & reducing costs. The program is showing real results.



A new model of care coordination



Unprecedented access to data to inform cost-efficient care decisions



Additional programs to help keep people healthy



Incentives to primary care providers

Since 2011, Continued Progress to Transform Patient-Centered Healthcare

LOWERED COSTS INCREASED SAVINGS

\$153 MILLION +
in expected cost savings in 2016.

Since 2011, medical costs have been

\$945 MILLION LESS +

than expected for patients covered by the PCMH program.



IMPROVED QUALITY

Compared to CareFirst's non-PCMH primary care provider population, PCMH panels* saw an overall decrease in a hospital use including fewer:

-10.5% Hospital admissions**

-34.7% Readmissions for all causes**

A STRONG AND STABLE PROGRAM

75%
of the participating panels have been in the program since the start.

Consistent Performance:

34% of panels received outcome awards***

6 YRS in a row

By providing incentives to primary care providers based on actionable data about their patients, promoting and supporting collaboration between health care providers, and emphasizing coordinated care for the chronically ill, the CareFirst PCMH is transforming patient-centered care with unmatched support for the communities CareFirst serves.