

# Instructions to Add a Dependent

## Adding a dependent to an existing CareFirst Student Health Plan

Follow the steps below to add dependent coverage to an existing CareFirst student health policy:

1. Contact CareFirst customer service at 844-898-3332, Monday–Thursday, 8 a.m.–5 p.m., and Friday 10 a.m.–5 p.m to validate the status of the student’s coverage. For premium information, please review the communications provided by your school.
2. Print out and complete the Add a Dependent form. Please see the chart below to determine the required documentation to include with your completed form.
3. Attach your supporting documentation to the Add a Dependent form and mail to:

CareFirst BlueCross BlueShield  
Attention: EAB SHP  
Mail Stop: RR-380  
10800 Red Run Blvd  
Owings Mills, MD 21117

| IF...                                                                                                                  | THEN...                                                                                                                         | DEADLINE<br>(for Qualifying Life Event)                                              |
|------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| You got married                                                                                                        | Send a copy of the marriage certificate                                                                                         | 60 days from the marriage                                                            |
| You had a baby                                                                                                         | Send a copy of the birth certificate OR vital statistic submission letter on hospital letterhead                                | 60 days from the birth                                                               |
| You or a family member became pregnant                                                                                 | Send a signed note from your from your treating health care provider which includes the date that your pregnancy was confirmed. | 90 days from the date that the pregnancy was confirmed by your health care provider. |
| You or your family have been covered under a non-calendar year group health plan or individual health insurance policy | Send the renewal notice or other statement from applicable insurance carrier on company letterhead                              | 60 days prior to renewal date and 60 days post renewal date                          |
| You completed full term COBRA coverage or refused COBRA coverage after a recent employment termination                 | Send official termination notice from applicable insurance program or employer on letterhead, including reason for termination  | 60 days prior to coverage termination and 60 days post coverage termination          |
| You will lose or have lost minimum essential coverage not including failure to pay premiums or rescissions             | Official termination notice from applicable insurance program or employer on letterhead, including reason for loss of coverage  | 60 days prior to coverage termination and 60 days post coverage termination          |
| You got divorced                                                                                                       | Send a copy of the divorce decree                                                                                               | 60 days from the divorce                                                             |

# Add a Dependent Form

For students attending schools in Maryland only

THIS IS NOT AN APPLICATION FOR INSURANCE

| INSTRUCTIONS                                                                                                                                                                                                                                                                                                                                                                                  |                                                                   | NAME OF SCHOOL                                                                                                                                |    |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|----|
| 1. This form is only for adding a dependent.<br>2. Complete this entire form. Print all information.<br>3. Send the completed, signed form and supporting documentation to:<br>CareFirst BlueCross BlueShield<br>Attention: EAB SHP<br>Mail Stop: RR-380<br>10800 Red Run Blvd<br>Owings Mills, MD 21117<br><br>All forms and documentation must be received in order to process the request. |                                                                   | Check which plan(s) you are adding a dependent to:<br><input type="radio"/> Medical <input type="radio"/> Dental <input type="radio"/> Vision |    |
| <b>1. STUDENT/POLICYHOLDER INFORMATION</b> (Must match current CareFirst address on file to the policy being added)                                                                                                                                                                                                                                                                           |                                                                   |                                                                                                                                               |    |
| Student's Last Name                                                                                                                                                                                                                                                                                                                                                                           | First Name                                                        | MI                                                                                                                                            |    |
| Street Address (Must match student/policyholder)                                                                                                                                                                                                                                                                                                                                              |                                                                   |                                                                                                                                               |    |
| City                                                                                                                                                                                                                                                                                                                                                                                          | State                                                             | ZIP                                                                                                                                           |    |
| Date of Birth (mm/dd/yyyy)<br>/ /                                                                                                                                                                                                                                                                                                                                                             | Gender<br><input type="radio"/> Male <input type="radio"/> Female |                                                                                                                                               |    |
| Telephone<br><input type="radio"/> Mobile <input type="radio"/> Home <input type="radio"/> Work                                                                                                                                                                                                                                                                                               | Student/Policyholder ID #                                         | Group ID #                                                                                                                                    |    |
| <b>2. DEPENDENT INFORMATION</b>                                                                                                                                                                                                                                                                                                                                                               |                                                                   |                                                                                                                                               |    |
| Complete information below for dependents to be insured. Dependent coverage is only available for students insured under the plan. Please fill out a blank sheet for additional dependents.                                                                                                                                                                                                   |                                                                   |                                                                                                                                               |    |
| Spouse/Partner/Domestic Partner Last Name                                                                                                                                                                                                                                                                                                                                                     |                                                                   | First Name                                                                                                                                    | MI |
| Social Security Number                                                                                                                                                                                                                                                                                                                                                                        | Date of Birth (mm/dd/yyyy)<br>/ /                                 | Gender<br><input type="radio"/> Male <input type="radio"/> Female                                                                             |    |
| Child #1 Last Name                                                                                                                                                                                                                                                                                                                                                                            |                                                                   | First Name                                                                                                                                    | MI |
| Social Security Number                                                                                                                                                                                                                                                                                                                                                                        | Date of Birth (mm/dd/yyyy)<br>/ /                                 | Gender<br><input type="radio"/> Male <input type="radio"/> Female                                                                             |    |
| Child #2 Last Name                                                                                                                                                                                                                                                                                                                                                                            |                                                                   | First Name                                                                                                                                    | MI |
| Social Security Number                                                                                                                                                                                                                                                                                                                                                                        | Date of Birth (mm/dd/yyyy)<br>/ /                                 | Gender<br><input type="radio"/> Male <input type="radio"/> Female                                                                             |    |
| Child #3 Last Name                                                                                                                                                                                                                                                                                                                                                                            |                                                                   | First Name                                                                                                                                    | MI |
| Social Security Number                                                                                                                                                                                                                                                                                                                                                                        | Date of Birth (mm/dd/yyyy)<br>/ /                                 | Gender<br><input type="radio"/> Male <input type="radio"/> Female                                                                             |    |
| Child #4 Last Name                                                                                                                                                                                                                                                                                                                                                                            |                                                                   | First Name                                                                                                                                    | MI |
| Social Security Number                                                                                                                                                                                                                                                                                                                                                                        | Date of Birth (mm/dd/yyyy)<br>/ /                                 | Gender<br><input type="radio"/> Male <input type="radio"/> Female                                                                             |    |

### 3. REQUESTED POLICY EFFECTIVE DATE

We must receive the completed form and documentation in order to determine effective date.

Policy Effective Date (mm/dd/yyyy) \_\_\_\_ / \_\_\_\_ / \_\_\_\_

### 4. QUALIFYING LIFE EVENT *(If you are adding dependent coverage during open enrollment, please skip to section 5.)*

**Dependent coverage can only be added after the open enrollment period if there is a qualifying life event.** If you are enrolling for coverage outside of the open enrollment period, please check here ☐.

Please select your qualifying life event:

- |                                                                                          |                                                       |
|------------------------------------------------------------------------------------------|-------------------------------------------------------|
| <input type="radio"/> Got married                                                        | <input type="radio"/> COBRA coverage end              |
| <input type="radio"/> Had a baby                                                         | <input type="radio"/> Got divorced                    |
| <input type="radio"/> Lost employer coverage                                             | <input type="radio"/> You or a Dependent are pregnant |
| <input type="radio"/> Lost minimum essential coverage<br>(ie. aging off a parent's plan) | <input type="radio"/> Other: _____                    |

### 5. CONDITIONS OF ADDING COVERAGE

I understand this form to add coverage is subject to the approval of CareFirst and \_\_\_\_\_  
(Name of School)  
and subject to the payment of any applicable premium. Once this form has been approved, coverage cannot be canceled, except for eligibility reasons.

**MARYLAND WARNING:** Any person who knowingly or willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly or willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

### 6. REQUIRED SIGNATURE(S) AND DATE

|                                                            |                            |
|------------------------------------------------------------|----------------------------|
| Student/Policyholder Signature                             | Date<br>____ / ____ / ____ |
| Signature of Person Completing Form                        | Date<br>____ / ____ / ____ |
| Name of Individual Completing Form (if other than student) | Relationship to Dependent  |

**Complete this form and return it with supporting documentation to:**

**CareFirst BlueCross BlueShield**

**Attention: EAB SHP**

**Mail Stop: RR-380**

**10800 Red Run Blvd**

**Owings Mills, MD 21117**

## 7. RACE, ETHNICITY, LANGUAGE *(this information is voluntary)*

CareFirst is asking its members to voluntarily provide their race, ethnicity and language attributes. The information provided, while voluntary, will assist us to improve the quality of care and access to care thereby reducing health care disparities and promote better health outcomes. The information you provide will not have a negative impact on any services we provide you. The information is kept strictly confidential and will not be shared unless required by law to disclose it.

| <b>Race</b>                       | <b>Ethnicity</b> | <b>Preferred Spoken Language*</b> |                           |                            |
|-----------------------------------|------------------|-----------------------------------|---------------------------|----------------------------|
| White/Caucasian                   | Hispanic/Latino/ | 01 English                        | 10 French (European)      | 20 Somali                  |
| Black or African American         | Spanish origin   | 02 Albanian                       | 11 Greek                  | 21 Spanish (Latin America) |
| American Indian or Alaska Native  |                  | 03 Amharic                        | 12 Gujarati               | 22 Tagalog (Filipino)      |
| Asian                             |                  | 04 Arabic                         | 13 Hindi                  | 23 Urdu                    |
| Native Hawaiian or                |                  | 05 Burmese                        | 14 Italian                | 24 Vietnamese              |
| other Pacific Islander            |                  | 06 Cantonese                      | 15 Korean                 | 98 Other and unspecified   |
| Other – (To include Multi-Racial) |                  | 07 Chinese (simplified &          | 16 Mandarin               | languages                  |
| Decline to answer                 |                  | traditional)                      | 17 Portuguese (Brazilian) | 99 Unknown                 |
| Unknown – Could not be determined |                  | 08 Creole (Haitian)               | 18 Russian                |                            |
|                                   |                  | 09 Farsi                          | 19 Serbian                |                            |

|                                      |            |      |           |                   |                                                           |
|--------------------------------------|------------|------|-----------|-------------------|-----------------------------------------------------------|
| Applicant Last Name                  | First Name | Race | Ethnicity | Country of Origin | Preferred Spoken Language<br>(specify number from above*) |
| Spouse/Domestic Partner<br>Last Name | First Name | Race | Ethnicity | Country of Origin | Preferred Spoken Language<br>(specify number from above*) |
| Dependent 1 Last Name                | First Name | Race | Ethnicity | Country of Origin | Preferred Spoken Language<br>(specify number from above*) |
| Dependent 2 Last Name                | First Name | Race | Ethnicity | Country of Origin | Preferred Spoken Language<br>(specify number from above*) |
| Dependent 3 Last Name                | First Name | Race | Ethnicity | Country of Origin | Preferred Spoken Language<br>(specify number from above*) |
| Dependent 4 Last Name                | First Name | Race | Ethnicity | Country of Origin | Preferred Spoken Language<br>(specify number from above*) |

# Notice of Nondiscrimination and Availability of Language Assistance Services

(UPDATED 8/5/19)

CareFirst BlueCross BlueShield, CareFirst BlueChoice, Inc., CareFirst Diversified Benefits and all of their corporate affiliates (CareFirst) comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex. CareFirst does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

CareFirst:

- Provides free aid and services to people with disabilities to communicate effectively with us, such as:
  - ☐ Qualified sign language interpreters
  - ☐ Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - ☐ Qualified interpreters
  - ☐ Information written in other languages

**If you need these services, please call 855-258-6518.**

If you believe CareFirst has failed to provide these services, or discriminated in another way, on the basis of race, color, national origin, age, disability or sex, you can file a grievance with our CareFirst Civil Rights Coordinator by mail, fax or email. If you need help filing a grievance, our CareFirst Civil Rights Coordinator is available to help you.

**To file a grievance regarding a violation of federal civil rights, please contact the Civil Rights Coordinator as indicated below. Please do not send payments, claims issues, or other documentation to this office.**

## Civil Rights Coordinator, Corporate Office of Civil Rights

|                  |                                                                                                |
|------------------|------------------------------------------------------------------------------------------------|
| Mailing Address  | P.O. Box 8894<br>Baltimore, Maryland 21224                                                     |
| Email Address    | <a href="mailto:civilrightscoordinator@carefirst.com">civilrightscoordinator@carefirst.com</a> |
| Telephone Number | 410-528-7820                                                                                   |
| Fax Number       | 410-505-2011                                                                                   |

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

CareFirst BlueCross BlueShield is the shared business name of CareFirst of Maryland, Inc. and Group Hospitalization and Medical Services, Inc. CareFirst of Maryland, Inc., Group Hospitalization and Medical Services, Inc., CareFirst BlueChoice, Inc., The Dental Network and First Care, Inc. are independent licensees of the Blue Cross and Blue Shield Association. In the District of Columbia and Maryland, CareFirst MedPlus is the business name of First Care, Inc. In Virginia, CareFirst MedPlus is the business name of First Care, Inc. of Maryland (used in VA by: First Care, Inc.). The Blue Cross® and Blue Shield® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

## Foreign Language Assistance

*Attention (English): This notice contains information about your insurance coverage. It may contain key dates and you may need to take action by certain deadlines. You have the right to get this information and assistance in your language at no cost. Members should call the phone number on the back of their member identification card. All others may call 855-258-6518 and wait through the dialogue until prompted to push 0. When an agent answers, state the language you need and you will be connected to an interpreter.*

*አማርኛ (Amharic) ማሳሰቢያ፡- ይህ ማስታወቂያ ስለ መድን ሽፋንዎ መረጃ ይዟል። ከተወሰኑ ቀን-ገደቦች በፊት ሊፈጽሟቸው የሚገቡ ነገሮች ሊኖሩ ስለሚችሉ እነዚህን ወሳኝ ቀናት ሊይዝ ይችላሉ። ይኸን መረጃ የማግኘት እና ያለምንም ከፍተኛ በቋንቋዎ አገዛ የማግኘት መብት አለዎት። አባል ከሆኑ ከመታወቂያ ካርድዎ በስተጀርባ ላይ ወደተጠቀሰው የስልክ ቁጥር መደወል ይችላሉ። አባል ካልሆኑ ደግሞ ወደ ስልክ ቁጥር 855-258-6518 ደውለው 0ን እንዲጫኑ እስኪነገርዎ ድረስ ንግግሩን መጠበቅ አለብዎ። አንድ ወኪል መልስ ሲሰጥዎ፣ የሚፈልጉትን ቋንቋ ያሳውቁ፣ ከዚያም ከተርጓሚ ጋር ይገናኛሉ።*

*Èdè Yorùbá (Yoruba) Ìtètíléko: Àkíyèsí yìí ní iwífún nípa isẹ adójútòfò rẹ. Ó le ní àwọn déètì pàtó o sì le ní láti gbé ìgbésẹ ní àwọn ojú gbèdèké kan. O ni ètò láti gba iwífún yìí àti irànlówó ní èdè rẹ lófèfè. Àwọn omọ-egbé gbòdò pe nóm̀bà fòò̀nù tò wà lẹ̀yìn kààdì ìdánimò wọn. Àwọn míràn le pe 855-258-6518 kí o sì dúró nípasẹ̀ ìjìròrò títí a ó fi sọ fún ọ láti tẹ 0. Nígbatí aṣojú kan bá dáhùn, sọ èdè tí o fẹ a ó sì sọ ọ pọ̀ mọ̀ ògbufò kan.*

*Tiếng Việt (Vietnamese) Chú ý: Thông báo này chứa thông tin về phạm vi bảo hiểm của quý vị. Thông báo có thể chứa những ngày quan trọng và quý vị cần hành động trước một số thời hạn nhất định. Quý vị có quyền nhận được thông tin này và hỗ trợ bằng ngôn ngữ của quý vị hoàn toàn miễn phí. Các thành viên nên gọi số điện thoại ở mặt sau của thẻ nhận dạng. Tất cả những người khác có thể gọi số 855-258-6518 và chờ hết cuộc đối thoại cho đến khi được nhắc nhấn phím 0. Khi một tổng đài viên trả lời, hãy nêu rõ ngôn ngữ quý vị cần và quý vị sẽ được kết nối với một thông dịch viên.*

*Tagalog (Tagalog) Atensyon: Ang abisong ito ay naglalaman ng impormasyon tungkol sa nasasaklawang ng iyong insurance. Maaari itong maglaman ng mga pinakamahalagang petsa at maaaring kailangan mong gumawa ng aksyon ayon sa ilang deadline. May karapatan ka na makuha ang impormasyong ito at tulong sa iyong sariling wika nang walang gastos. Dapat tawagan ng mga Miyembro ang numero ng telepono na nasa likuran ng kanilang identification card. Ang lahat ng iba ay maaaring tumawag sa 855-258-6518 at maghintay hanggang sa dulo ng diyalogo hanggang sa diktahan na pindutin ang 0. Kapag sumagot ang ahente, sabihin ang wika na kailangan mo at ikokonekta ka sa isang interpreter.*

*Español (Spanish) Atención: Este aviso contiene información sobre su cobertura de seguro. Es posible que incluya fechas clave y que usted tenga que realizar alguna acción antes de ciertas fechas límite. Usted tiene derecho a obtener esta información y asistencia en su idioma sin ningún costo. Los asegurados deben llamar al número de teléfono que se encuentra al reverso de su tarjeta de identificación. Todos los demás pueden llamar al 855-258-6518 y esperar la grabación hasta que se les indique que deben presionar 0. Cuando un agente de seguros responda, indique el idioma que necesita y se le comunicará con un intérprete.*

*Русский (Russian) Внимание! Настоящее уведомление содержит информацию о вашем страховом обеспечении. В нем могут указываться важные даты, и от вас может потребоваться выполнить некоторые действия до определенного срока. Вы имеете право бесплатно получить настоящие сведения и сопутствующую помощь на удобном вам языке. Участникам следует обращаться по номеру телефона, указанному на тыльной стороне идентификационной карты. Все прочие абоненты могут звонить по номеру 855-258-6518 и ожидать, пока в голосовом меню не будет предложено нажать цифру «0». При ответе агента укажите желаемый язык общения, и вас свяжут с переводчиком.*

हिन्दी (Hindi) ध्यान दें: इस सूचना में आपकी बीमा कवरेज के बारे में जानकारी दी गई है। हो सकता है कि इसमें मुख्य तिथियों का उल्लेख हो और आपके लिए किसी नियत समय-सीमा के भीतर काम करना ज़रूरी हो। आपको यह जानकारी और संबंधित सहायता अपनी भाषा में निःशुल्क पाने का अधिकार है। सदस्यों को अपने पहचान पत्र के पीछे दिए गए फ़ोन नंबर पर कॉल करना चाहिए। अन्य सभी लोग 855-258-6518 पर कॉल कर सकते हैं और जब तक 0 दबाने के लिए न कहा जाए, तब तक संवाद की प्रतीक्षा करें। जब कोई एजेंट उत्तर दे तो उसे अपनी भाषा बताएँ और आपको व्याख्याकार से कनेक्ट कर दिया जाएगा।

Bàsɔ̀-wùdù (Bassa) Tò Dùù Cáó! Bǝ nìà kɛ bá nyo bǝ kɛ m̃ gbo kpá bó nì fùà-fúá-tiĩn nyɛɛ jè dyí. Bǝ nìà kɛ bédé wé jéé bǝ bǝ m̃ kɛ dɛ wa mó m̃ kɛ nyuɛɛ nyu hwè bǝ wé bǝa kɛ zi. ɔ m̃ nì kpé bǝ m̃ kɛ bǝ nìà kɛ kɛ gbo-kpá-kpá m̃ móɛ dyé dɛ nì bídí-wùdù mú bǝ m̃ kɛ se wídí dò péè. Kpooɔ nyo bǝ m̃ dǝ fúùn-nòbà nìà dɛ waa I.D. káàè dɛín nyɛ. Nyo tòò séín m̃ dǝ nòbà nìà kɛ: 855-258-6518, kɛ m̃ m̃ fò tee bǝ wa kɛ m̃ gbo cǝ bǝ m̃ kɛ nòbà m̃à 0 kɛ dyi pàdàin hwè. ɔ jǝ kɛ nyo dò dyi m̃ gǝ jǝin, po wuɖu m̃ mó poɛ dyie, kɛ nyo dò mu bó nìin bǝ ɔ kɛ nì wuɖuò mú zà.

বাংলা (Bengali) লক্ষ্য করুন: এই নোটিশে আপনার বিমা কভারেজ সম্পর্কে তথ্য রয়েছে। এর মধ্যে গুরুত্বপূর্ণ তারিখ থাকতে পারে এবং নির্দিষ্ট তারিখের মধ্যে আপনাকে পদক্ষেপ নিতে হতে পারে। বিনা খরচে নিজের ভাষায় এই তথ্য পাওয়ার এবং সহায়তা পাওয়ার অধিকার আপনার আছে। সদস্যদেরকে তাদের পরিচয়পত্রের পিছনে থাকা নম্বরে কল করতে হবে। অন্যরা 855-258-6518 নম্বরে কল করে 0 টিপতে না বলা পর্যন্ত অপেক্ষা করতে পারেন। যখন কোনো এজেন্ট উত্তর দেবেন তখন আপনার নিজের ভাষার নাম বলুন এবং আপনাকে দোভাষীর সঙ্গে সংযুক্ত করা হবে।

اردو (Urdu) توجہ: یہ نوٹس آپ کے انشورینس کوریج سے متعلق معلومات پر مشتمل ہے۔ اس میں کلیدی تاریخیں ہو سکتی ہیں اور ممکن ہے کہ آپ کو مخصوص آخری تاریخوں تک کارروائی کرنے کی ضرورت پڑے۔ آپ کے پاس یہ معلومات حاصل کرنے اور بغیر خرچہ کیے اپنی زبان میں مدد حاصل کرنے کا حق ہے۔ ممبران کو اپنے شناختی کارڈ کی پشت پر موجود فون نمبر پر کال کرنی چاہیے۔ سبھی دیگر لوگ 855-258-6518 پر کال کر سکتے ہیں اور 0 دبانے کو کہے جانے تک انتظار کریں۔ ایجنٹ کے جواب دینے پر اپنی مطلوبہ زبان بتائیں اور مترجم سے مربوط ہو جائیں گے۔

فارسی (Farsi) توجه: این اعلامیه حاوی اطلاعاتی درباره پوشش بیمه شما است. ممکن است حاوی تاریخ های مهمی باشد و لازم است تا تاریخ مقرر شده خاصی اقدام کنید. شما از این حق برخوردار هستید تا این اطلاعات و راهنمایی را به صورت رایگان به زبان خودتان دریافت کنید. اعضا باید با شماره درج شده در پشت کارت شناسایی شان تماس بگیرند. سایر افراد می توانند با شماره 855-258-6518 تماس بگیرند و منتظر بمانند تا از آنها خواسته شود عدد 0 را فشار دهند. بعد از پاسخگویی توسط یکی از اپراتورها، زبان مورد نیاز را تنظیم کنید تا به مترجم مربوطه وصل شوید.

اللغة العربية (Arabic) تنبيه: يحتوي هذا الإخطار على معلومات بشأن تغطيتك التأمينية، وقد يحتوي على تواريخ مهمة، وقد تحتاج إلى اتخاذ إجراءات بحلول مواعيد نهائية محددة. يحق لك الحصول على هذه المساعدة والمعلومات بلغتك بدون تحمل أي تكلفة. ينبغي على الأعضاء الاتصال على رقم الهاتف المذكور في ظهر بطاقة تعريف الهوية الخاصة بهم. يمكن للأخريين الاتصال على الرقم 855-258-6518 والانتظار خلال المحادثة حتى يطلب منهم الضغط على رقم 0. عند إجابة أحد الوكلاء، اذكر اللغة التي تحتاج إلى التواصل بها وسيتم توصيلك بأحد المترجمين الفوريين.

中文繁体 (Traditional Chinese) 注意：本聲明包含關於您的保險給付相關資訊。本聲明可能包含重要日期及您在特定期限之前需要採取的行動。您有權利免費獲得這份資訊，以及透過您的母語提供的協助服務。會員請撥打印在身分識別卡背面的電話號碼。其他所有人士可撥打電話 855-258-6518，並等候直到對話提示按下按鍵 0。當接線生回答時，請說出您需要使用的語言，這樣您就能與口譯人員連線。

*Igbo (Igbo)* Nrụbama: Ọkwa a nwere ozi gbasara mkpuchi nchekwa onwe gi. Ọ nwere ike inwe ụbọchị ndị dị mkpa, i nwere ike ime ihe tupu ụfọdụ ụbọchị njedebe. I nwere ikike inweta ozi na enyemaka a n'asụsụ gi na akwughị ugwo ọ bụla. Ndị otu kwesiri ikpo akara ekwentị di n'azụ nke kaadi njirimara ha. Ndị ozo niile nwere ike ikpo 855-258-6518 wee chere ụbụbọ ahụ ruo mgbe amanyere ipi 0. Mgbe onye nnọchite anya zara, kwuo asụsụ i choro, a ga-ejiko gi na onye okowa okwu.

*Deutsch (German)* Achtung: Diese Mitteilung enthält Informationen über Ihren Versicherungsschutz. Sie kann wichtige Termine beinhalten, und Sie müssen gegebenenfalls innerhalb bestimmter Fristen reagieren. Sie haben das Recht, diese Informationen und weitere Unterstützung kostenlos in Ihrer Sprache zu erhalten. Als Mitglied verwenden Sie bitte die auf der Rückseite Ihrer Karte angegebene Telefonnummer. Alle anderen Personen rufen bitte die Nummer 855-258-6518 an und warten auf die Aufforderung, die Taste 0 zu drücken. Geben Sie dem Mitarbeiter die gewünschte Sprache an, damit er Sie mit einem Dolmetscher verbinden kann.

*Français (French)* Attention: cet avis contient des informations sur votre couverture d'assurance. Des dates importantes peuvent y figurer et il se peut que vous deviez entreprendre des démarches avant certaines échéances. Vous avez le droit d'obtenir gratuitement ces informations et de l'aide dans votre langue. Les membres doivent appeler le numéro de téléphone figurant à l'arrière de leur carte d'identification. Tous les autres peuvent appeler le 855-258-6518 et, après avoir écouté le message, appuyer sur le 0 lorsqu'ils seront invités à le faire. Lorsqu'un(e) employé(e) répondra, indiquez la langue que vous souhaitez et vous serez mis(e) en relation avec un interprète.

*한국어(Korean)* 주의: 이 통지서에는 보험 커버리지에 대한 정보가 포함되어 있습니다. 주요 날짜 및 조치를 취해야 하는 특정 기한이 포함될 수 있습니다. 귀하에게는 사용 언어로 해당 정보와 지원을 받을 권리가 있습니다. 회원이신 경우 ID 카드의 뒷면에 있는 전화번호로 연락해 주십시오. 회원이 아닌 경우 855-258-6518 번으로 전화하여 0을 누르라는 메시지가 들릴 때까지 기다리십시오. 연결된 상담원에게 필요한 언어를 말씀하시면 통역 서비스에 연결해 드립니다.

*Diné Bizaad (Navajo)* Ge': Díí bee íł hane'ígíí bii' dahóló bee éédahózin béeso ách'ááh naanil ník'ist'í'ígíí bá. Bii' dahólóq doo íiyisíí yoolkáálígíí dóó t'áádoo le'é ádadoolyííligíí da yókeedgo t'áá doo bee e'e'aahí ájiil'ííh. Bee ná ahóót'í' díí bee íł hane' dóó níká'ádoowoł t'áá nínizaad bee t'áá jiik'é. Atah danilínígíí béesh bee hane'é bee wólta'ígíí nitł'izgo bee nee hódolzinígíí bikéédéé' bikáá' bich'í' hodoonihjí'. Aadóó náánáta' éi koji' dahódoonih 855-258-6518 dóó yii diiłts'ííł yałtí'ígíí t'áá níléljį áádóó éi bikéé'dóó naasbaqas bił adidiilchit. Áká'anidaalwó'ígíí neidiitąągo, saad bee yániłt'í'ígíí yii diikił dóó ata' halne'é lá níká'ádoowoł.